



# NEWSLETTER

20 March 2020

Be Awesome, Shine Bright!

## KEY DATES

Currently, we are unable to publish any key dates.

As soon as we re-open, we will reschedule events as much as possible.

## HANDWASHING AND RESPIRATORY HYGIENE

1. Wash hands regularly, especially after blowing your nose, sneezing or coughing, and touching unknown areas that others have had contact with
2. Avoid touching face with unwashed hands
3. Cover your cough or sneeze with a tissue, bin tissue, wash hands
4. Clean and disinfect objects and surfaces often.



*Today's newsletter is tainted with sadness, as we are faced with such unusual circumstances, having to close our doors to so many of our families.*

*Our staff have worked hard to ensure that this week, in school, has been as 'normal' as possible. I was brought flowers from one class today, biscuits and treats and a beautiful card from another—all brought tears to my eyes.*

*We will stay in touch over the coming days and weeks, as much as we are able to, via text, email and Facebook. We will also be available at the end of the phone during the school day to help with queries, or if you just want to talk.*

*I look forward to seeing you all again as soon as it safe to do so. **Please, please** follow the Government's advice about socially distancing. And if you think you develop any symptoms of the Coronavirus, you must self-isolate.*

*We will be praying for you every day,*

*Charlotte Hartley*

**(Headteacher)**



## SYMPTOMS OF CORONAVIRUS

Stay at home if you have:

- A high temperature
- A new, continuous cough

(if you usually have a cough, it may be worse than usual)

Do not go to a GP surgery, pharmacy or hospital.

You must self-isolate.

If your symptoms get worse, call 111.

## SOCIAL DISTANCING: WHAT DOES IT MEAN?

1. Avoid contact with anyone who has symptoms
2. Avoid non-essential use of public transport
3. Work from home, where possible
4. Only send your child to childcare if you absolutely need to, to reduce the risk of spreading this virus
5. Avoid gatherings in public places (eg. pubs, cinemas, gyms, restaurants etc)
6. Avoid gatherings with friends and family (use technology to keep in touch, such as email, Facetime, Skype, social media etc)
7. Avoid close contact with people aged 70+ (this is hard but only temporary to keep them safe)
8. Avoid close contact with anyone with an underlying health condition or pregnant

More information can be found at:

<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people>

